

**Helena Public Schools
Grade 5
Librarian
Health and Wellness**

Health Maintenance & Enhancement

- Understand how the media can influence a consumer decision regarding health practices & products (e.g., magazine, newspaper, commercial)
- Recognize that young people may need to ask a parent or trusted adult for help in determining what information in the media is accurate & what is not

Functions & Interrelationships of Systems

- Understand that chatting and meeting people online can be unsafe

Risk Assessment & Reduction

- Demonstrate internet, phone and text etiquette