

## FACTS AND FICTION ABOUT ADULT EDUCATION

Sometimes myths about adult education can prevent someone from signing up. We asked our students what misconceptions they had about ABE and what they've found out since enrolling.

**MYTH:** I have a high school diploma. Adult Education (ABE) is only for people who need a GED or didn't do well in school.

First, Montana no longer uses the GED test. Instead, students take the HiSET in order to earn their High School Equivalency (HSE). While some students come to ABE to prepare for the HiSET, others attend because they want to refresh their skills before attending college. Still others want to improve their skills in order to advance in their current career or are interested in finding a new career pathway.

**MYTH:** Once I earn my high school equivalency, get a job or begin college, I can't be in ABE.

Students may remain in ABE as long as they are making progress towards their goals. Attending college may restrict which ABE classes you can take but doesn't make you ineligible for the program.

**MYTH:** Adult Education will be just like high school. I hated school. I don't want to be treated like a child.

Students repeatedly tell us that they feel comfortable, respected and supported in our program. We know that adults learn differently than children and our classes are structured accordingly. Our schedule allows you to find a class that works with the demands of your busy life.

**MYTH:** I'll be the oldest person in class. Going back to school is embarrassing. Everyone will be smarter than me.

The age of our current students ranges from 16 to 62 and the average age is about 25. You are never too old to learn! When you enroll in ABE, you will be taking classes with people just like you who want to change their lives for the better. We know that it takes courage just to walk through the door and we are passionate about helping people reach their goals.



## PROGRAM CALENDAR

February 19	Office Closed
March 1	Session III Ends

## TABE TESTING

Register in person or by phone  
Wednesdays at 8am

February 7	February 21
February 14	February 28

## ORIENTATION

New students; TABE required to attend  
Alternate Fridays at 9am

February 2	February 22
------------	-------------

## HISET TESTING

Register online at [hiset.ets.org](http://hiset.ets.org)  
Helena College, Room 133

February 6	February 27
------------	-------------



Do you want to be reminded about schedule changes and holidays? Download the Remind app and enter the class code 8h8fcc or text @8h8fcc to the number 81010.