



Helena Adult Learning Center
 1115 N Roberts Ave, Rm 117
 Helena, MT 59601
 (406) 447-6387

ADULT BASIC EDUCATION Q & A

Q When can I expect to reach my goal?

A This is a question we get all the time and the answer is different for everyone. Earning your high school equivalency, preparing for college and beginning a career are not goals that can be reached overnight.

There are a variety of factors that influence how long it will take to reach a particular goal. When you meet with our case manager, you will discuss your previous education and current proficiency level to get a better idea of the road that lies ahead. In class, your instructors will help you break down your goal into manageable steps and develop the work habits you need to be successful.

Success all depends on the second letter.

NEW CLASSES OFFERED

This session, we will be offering four new classes. Students can register during their intake or scheduling meeting.

HiSET Preparation

- Learn about the HiSET test, scoring & requirements
- Use the HiSET website to take practice tests & register
- Develop effective study skills
- Learn strategies for test-taking

MCIS

- Create a Montana Career Information System portfolio
- Assess your interests, skills and values
- Identify potential occupations of interest
- Research requirements of chosen career

Career Readiness

- Create an up to date resume
- Write job specific cover letters
- Practice interview skills
- Search and apply for jobs

College Readiness

- Explore the college application process
- Learn about financial aid and scholarships
- Navigate the college catalog and schedule
- Develop strategies for success



PROGRAM CALENDAR

May 7 Session V Begins
 May 28 Closed: Memorial Day

TABE TESTING

Register in person or by phone
 Wednesdays at 8am

May 2 May 23
 May 9 May 30
 May 16

ORIENTATION

New students; TABE required to attend
 Alternate Fridays at 9am

May 4 May 18

HISET TESTING

Register online at hiset.ets.org
 Helena College, Room 133

May 8 May 22





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MANHATTAN PROJECT PRESENTATIONS

As an introduction to Kurt Vonnegut's novel, *Cat's Cradle*, students created presentations on various elements of the Manhattan Project. They discussed the roles played by Albert Einstein, Robert Oppenheimer, Harry S. Truman, and such important events as the Potsdam Conference and preliminary nuclear tests. Every one of these presentations offered fresh insight to the class and contained illuminating photos and quotations from some of the project's key players.



Students elaborated on these presentations by wrestling with the ethics involved in creating and using an atomic weapon. These insights set the stage for an authentic interest in the questions central to Vonnegut's *Cat's Cradle*, exploring the relationship between scientific advancement and the consequences of these advances. Students were struck by the lasting relevance of these questions in this technological age.

FLORENCE CRITTENTON ANNOUNCES NEW PROGRAM FOR PREGNANT AND PARENTING WOMEN

Florence Crittenton is delighted to announce the opening of a new Transitional Living program serving pregnant and parenting youth. The program focuses on providing shelter and supportive services to runaway and homeless or at risk of homelessness pregnant and parenting youth.



Admission Criteria:

Pregnant and/or parenting young women ages 16 to 21. Children up to age 4.

Must meet homeless criteria which includes unhoused, couch surfing, over-housed, evicted.

Program Goals:

- Improve the social/emotional well-being of parenting youth and their children
- Substance use cessation and prevention
- Healing from past trauma and hopefulness for the future
- Social emotional and developmental supports for children of parenting youth.
- Parenting support and education
- Prevent displacements of children from their parents.
- Connect youth to appropriate community services and referrals necessary for long term success
- Increase in education and/or employment attainment
- Secure safe and stable housing

Youth may participate in this program for up to 2 years. For more information or to make a referral call our admissions department at (406) 442-6950 x252, email inquiries@florencecrittenton.org or visit www.florencecrittenton.org