

You have hopes, dreams, and goals for your future — and nothing should stand in the way of fulfilling them. So when you encounter a few bumps along the road, you'll be glad to know the *EmployeeConnect*™ program is on your side. Whether it's a helping hand through tough times, or a bit of professional guidance, we're here for you with the assistance you need to keep moving forward.

## With *EmployeeConnect*, help is available 24/7 — with no out-of-pocket cost — for:

- Depression
- Marital or family difficulties
- Managing stress and anxiety

- Substance abuse
- Legal and financial matters
- Locating child or elder care
- Moving and relocation
- Planning ahead for college, events, or vacation
- And more

To find out more, visit www.GuidanceResources.com. (Web ID = Lincoln)

Username: LFGsupport | Password: LFGsupport1

Or talk with a specialist at 888-628-4824.

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