



Keep your destination in sight.

(We'll help you past the roadblocks.)

## EmployeeConnect<sup>SM</sup> services

You have hopes, dreams, and goals for your future — and nothing should stand in the way of fulfilling them. So when you encounter a few bumps along the road, you'll be glad to know the *EmployeeConnect*<sup>SM</sup> program is on your side. Whether it's a helping hand through tough times, or a bit of professional guidance, we're here for you with the assistance you need to keep moving forward.

With *EmployeeConnect*, help is available 24/7 — with no out-of-pocket cost — for:

- Depression
- Substance abuse
- Moving and relocation
- Marital or family difficulties
- Legal and financial matters
- Planning ahead for college, events, or vacation
- Managing stress and anxiety
- Locating child or elder care
- And more

To find out more, visit [www.GuidanceResources.com](http://www.GuidanceResources.com). (Web ID = Lincoln)

Username: LFGsupport | Password: LFGsupport1

Or talk with a specialist at 888-628-4824.