

## Establishing Primary Care in Helena

### **1. Find a health care facility**

**2. Call to schedule an appointment** and explain you need to establish care with a Provider\* and ask if they are accepting new patients. \*Note: Provider is a licensed, health care professional that includes physician assistants, nurse practitioners or doctors.

**3. Do your homework-** Providers will do a complete personal medical history and a family history. So it's good to know if mom, dad, grandma or grandpa had medical treatment for things like heart disease, cancer, diabetes, etc. Many illnesses can be genetic and passed down from one generation to the next, so it's important to ask your family about these issues.

### **St. Peter's Medical Group**

**Address:** 2550 Broadway

**Phone:** Patient Appointments 457-4180

General Information 495-6890

\*Accepts all insurance, Medicare, Medicaid, Patient Assistance for uninsured

### **St. Peter's Medical Group-North**

**Address:** 3330 Ptarmigan Lane

**Phone:** 457-4180

\*Accepts all insurance, Medicare, Medicaid, Patient Assistance for uninsured

### **Pure View Health Center**

**Address:** 1930 9th Avenue Helena, MT 59601

**Phone:** 457-000

\*Accepts all patients: no insurance, Medicare, Medicaid, all insurances

### **Mountain View Family Health**

**Address:** 2619 Colonial Dr, Ste A, Helena, MT 59601

**Phone:** (406) 442-1231

\*Accepts all insurance-Medicaid by referral, Medicare (limited providers accepting new patients)

### **Sage Medical Clinic**

**Address:** 820 N. Montana Clinic

**Phone:** 443-7733

\*Accepts all insurance- Medicaid and Medicare (limited providers accepting)

### **South Hills Internal Medicine**

**Address:** 301 Saddle Dr, Helena, MT 59601

**Phone:** (406) 442-2205

\*Accepts all insurance-No Medicare, Medicaid accepted

### **Leo Pocha Memorial Clinic**

**Address:** 501 Euclid Ave

**Phone:** 449-5796

\*Accepts all insurances, Medicare, Medicaid, sliding scale for uninsured

As a Federally Qualified Health Center, (FQHC), access to services is for all community members-- at the Helena Indian Alliance service *is not limited to* the Native American Community.

Please note: Pick-up patient registration form prior to making an appointment. The form takes 2-3 days to process before an appointment can be made.

### **Riverwood Health Montana (formerly Cost Care)**

**Address:** 2910 Prospect Avenue, Suite 2

**Phone:** 406-324-7003

\*Accepts most insurance. Reduced rates for Medicaid, Medicare and uninsured individuals- must be paid at time of service.