

Week of
October
15th - 21th

Nutritional Services

Weekly Newsletter

Mini or ½ Gallon

We have heard from many of you that you don't have room for all the little milks we provide weekly, or they get lost in your refrigerators. So we just negotiated a deal with our local milk provider that next Wednesday the 28th we are going to begin to offer ½ gallon milk jugs for children as an alternative. Each child will be able to receive a (1) single ½ gallon jug of Trumoo chocolate **or** 1% regular milk. This container can take the place of all those mini milks we usually hand out, and we hope it will reduce any waste kids might have. Some kids want less at breakfast but more at lunch, and now they can take what they want when they eat.

We will also have the mini milks available for those that prefer to have them, so make sure to let your location know which you prefer at time of pick up.

Winter Break – We still need your input!

We are trying to figure out if you need or want meals during the winter break? We do not normally offer such a program, but under the circumstances, and with our current regulations, we are able to do it at no cost to you. We need to plan and get this figured out soon, so everyone including staff can plan their holidays around the distribution days.

So please fill out this survey and we will decide how/if to proceed with meal distribution during winter break Dec 21-Jan 1st. We only have had 95 people take the survey so unless more people let us know they want meals we may not be able to provide meals to all that need it.

 [Winter Break Survey](#) 

USDA has extended the free program for the entire school year!

We want to make sure that everyone knows we are very happy to offer this great program for rest of the school year! This includes the DLMD. If you want to read more about it check out this link:

<https://www.usda.gov/media/press-releases/2020/10/09/trump-administration-extends-free-meals-kids-entire-school-year>

<https://www.facebook.com/helenaschoolfoodservice>

Instant Rice this week

Every week we try to come up with new ideas on how to get a variety of foods out to the kids, when they are at home. Some of the items we prepare would go well with things like rice, but it is not safe to send out pre-cooked rice. We did however negotiate a deal with one of our distributors to get instant rice in bulk, so we can now share this new item with kids! If you have never used it before it is very easy to do at home, and it only takes about 5 minutes. Please let us know how it went for you.

Thanksgiving week

Yes, we are already getting calls about Thanksgiving week. We will be running a normal schedule that day at the normal times and locations. We are even offering a super cool holiday special, but we will share more closer to the event. For now please plan on the fact we will be "business as usual" November the 25th.

Pre-Order Distance learning Meals

For pick up every Wednesday



[DLMD Week 10/28-11/3](#)

[DLMD Standing order link](#)

You do not need to do this again if you have completed it once.

[DLMD Cancellation Link](#)

If you are unable to pick up meals at any of the times or locations that we currently offer, please contact our office we will work with you to arrange an alternative pick up time on a one by one basis.

406-324-2570

For all current menus.

<https://helenaps.sodexomyway.com/landing>