



Health Benefits Committee Meeting

Thursday, February 24th, 2022 – 3:45 p.m.

Via Microsoft Teams

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Microsoft Teams meeting

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Phone Conference ID: 644 495 523#

We ask that all participants mute their microphone until called upon by the Committee Chair for general and/or specific public comments. Upon completing public comment, please ensure that your microphone is again muted.

AGENDA

I. CALL TO ORDER/INTRODUCTIONS

II. REVIEW OF AGENDA

III. **GENERAL PUBLIC COMMENT:** *This is the time for comment on public matters that are not on the agenda. Public matters do not include any pending legal matters, private personnel issues or private student issues. Please do not attempt to address such issues at this time or you will be ruled out of order. The Board cannot enter into a discussion during General Public Comment.*

IV. APPROVAL OF MINUTES

A. Review of 02/03/22 Meeting Minutes

V. MEETING DISCUSSION ITEMS

A. Sub-Committee Reports

- Finance/Benefits
 - Met 2/7/22—Discussed potential deductible and max oop changes, revisit with Alliant. Look into potential fertility coverage
- Appeals
 - None

- Wellness
 - Need to set a meeting
- Communications
 - None

VI. **OTHER**

- None

VII. **NEXT MEETING**
Thursday, March 31st, 2022

VIII. **ADJOURNMENT**

MINUTES OF THE HEALTH BENEFITS COMMITTEE MEETING

HELENA SCHOOL DISTRICT NO. 1, LEWIS AND CLARK COUNTY

February 03, 2022

3:47 PM

The regular meeting of the Health Benefits Committee meeting was called to order online via TEAMS at 3:53 PM.

ATTENDANCE - *Present* unless otherwise noted.

Shannon McNamee – Chair	Janelle Mickelson	Emily Rodway
Stacy Collette – Vice Chair - <i>Absent</i>	Terri Norman	Betsy Allen
Rich Franco	John McEwen	Bridget Butler
Marti Kuntz	Kayla Egebjerg - <i>Absent</i>	John Burke
Beth Heiser- <i>Absent</i>	Elizabeth Grev	

INTRODUCTIONS – (Rich) Welcome to the Health Benefits Meeting 2/3/22. We will be recording our meeting. We will call for public comment, this is the time to make comment on any items that is not on the Agenda that is not related to Personnel or any staff member. Is there anyone online that wishes to make a public comment?

Alright, I don't see any public in the meeting so we will go ahead and begin going through our Agenda.

GUESTS – Mark Mitchell – St Peter's

ACTION ITEMS: -

Approval of 12/14/21 Meeting Minutes

1st: Elizabeth Grev


2nd: Shannon McNamee


All in Favor


FINANCIAL REPORT

As you can see in the year-to-year comparison we are slightly up in our Revenues, about \$327,000. Our Expenses are also up about \$972,000 mostly due to our Claims and Stop Loss Premiums. We are up about 2,100 claims at the end of December compared to next year which also plays a role. (next slide) Looking at the breakdown you can see that the Active Group accounts for 89% of the claims and the Retirees account for 11% of the total claims spend. On our Total Plan Cost through December, Claims account for about 84%, Stop Loss accounts for about 14% and Admin Fees account for the last 2%. Overall, we are actually running pretty similar to last year. I think after the 2nd quarter financials are done and we go over them in April, that will really show us where we are at compared to last year. John – I have a question, this chart, what is the Med01 and all that? Rich – It's the coding (Allegiance) for Prem and Standard and the individuals with claims. John – Oh, so claims by category. Rich – Yep, we have around 1900 on the health plan and the # always varies month to month depending on the claims and individuals.

SUBCOMMITTEE REPORTS

 Finance/Benefit Sub-committee: – Meeting set 2/7/22

 Wellness – The Wellness Committee met on 1/5/22. We reviewed the summary report, and our screening totals were slightly higher in 20-21 than the previous year, so that was good. We also discussed some data we were seeing such as we had almost 40 participants more feeling depressed or hopeless, about 39% not participating in their recommended annual eye exam and 14% of participants not getting the recommended exercise. St Peter's informed us of some awesome additions they have to help with Blood Pressure (an 8-week class), a couple Wellness Challenges such as Sugar Challenge and Step Challenge. The Wellness Committee is looking into these for our members and hopefully we will be able to implement some things to help better our group, numbers and overall health of our participants. Anyone from the Wellness Committee have any other inputs from the meeting? Shannon – I just looked up the Sugar Challenge on the St Peter's site that began 1/1 but there's still lots of good information that's available, interesting stuff that's worth looking at. Elizabeth – I knew someone that did the sugar challenge and she thought it was a great program. Rich – I definitely agree, one of our other colleagues here participated and lost a handful of pounds and thought it was good. Definitely some of these programs will be good for our participants on our Plan. Mark – I appreciate all the good feedback and success stories. We are trying to make these available at no cost and try to help people get access to the resources. So thank you. Rich – Thank you Mark.

 Appeals – None

 Communications – None

OTHER:

➤ None

Next meeting: 2/24/22 – via TEAMS

Meeting adjourned: 4:08 PM