



March 28, 2025

Notice to school and childcare facility staff, volunteers and students

What is measles?

Measles is a highly contagious disease. It lives in the air for up to 2 hours after an infected person leaves, and a person is infectious for 4 days before and after they develop a rash.

Majority of people exposed to measles that are not immune, will get infected with measles. It can take up to 21 days for an exposed person to develop the infection. Measles can cause serious illness.

Symptoms of measles:

- High fever
- Cough
- Runny nose
- Red, watery eyes
- Tiny white spots inside the mouth
- Rash

Complications of measles:

- Diarrhea
- Ear infections
- Pneumonia
- Encephalitis (swelling of the brain)
- Hospitalization
- SSPE (fatal central nervous system disease)
- Death

Will I be excluded from work, school, daycare if I have a measles exposure?

If you are identified as having a measles exposure **AND** are not considered immune, **it is recommended that you quarantine at home and not go to school or public places.**

- 21 days after the onset of rash in the last case of measles in the school or childcare facility, or
- 21 days after your last day of exposure outside of the school, or
- Until you are considered immune (received MMR vaccine dose(s) or had measles infection)



How do I know if I am immune to measles?

- Written documentation of adequate vaccination:
 - One dose for general population adults and children aged 1 year old through preschool age
 - 2 doses for school aged children, college students, and healthcare providers
 - Laboratory evidence of immunity
 - Birth before 1957

How do I find out if I am vaccinated?

- Contact your health care provider (previous, current, out-of-state)
- Check your patient portal
- Check school records (including college); contact your child's school nurse or childcare provider
- Check with prior employers (especially if you worked for a childcare facility or healthcare facility)
- Check your military records if you were enlisted
- Check with your Obstetrician
- Check your state's Immunization Registry (for out of state records)
- Complete this Authorization to Release Information form for us to check for vaccines in the Montana State ImMTrax Registry (this will not include vaccines from another state unless a Montana healthcare provider added them). [Authorization Release of Information](#)

Please visit the CDC website for additional suggestions on how to locate your vaccination records: [Staying Up to Date with Your Vaccine Records | Adult Vaccines | CDC](#)

How do I get vaccinated?

MMR vaccine is widely available, is covered by insurance plans, and no charge if you don't have insurance.

To get vaccinated:

- Contact your healthcare provider
- Contact your local pharmacist
- Contact Lewis & Clark Public Health at 406-457-8900 to make an appointment

References:

MCA 50-2-118; MCA 20-5-405; ARM 37.114.307; ARM 37.114; ARM 37.114.501; HB 702

[Measles \(Rubeola\) | Measles \(Rubeola\) | CDC](#)

<https://www.dphhs.mt.gov/publichealth/cdepi/diseases/Measles>