



CAFETERIA BENEFITS SELECTION FORM FOR RETIREES

1. Choose one ONLY from Option 1 or Option 2; only ONE from Dental Plan Option; only ONE from Vision Plan Option.
2. Complete personal information, then sign and date the form.
3. Return the form by emailing it to insurance@helenaschools.org or by delivering/ mailing it to:
Lincoln Center, Attn HR, 1325 Poplar Street, Helena MT 59601

HEALTH INSURANCE OPTION 1 WITH RX

PLAN PARTICIPANT(S)	CHECK ONE	MONTHLY PREMIUM
Retiree Only		\$1,155.31
Retiree + Spouse		\$2,216.17
Retiree + Child		\$1,450.38
Retiree + Children		\$1,566.39
Retiree + Family (1 Child)		\$2,506.24
Retiree + Family Children		\$2,622.28
Medicare Eligible Retiree		*\$634.73

HEALTH INSURANCE OPTION 2 WITH RX

PLAN PARTICIPANT(S)	CHECK ONE	MONTHLY PREMIUM
Retiree Only		\$955.06
Retiree + Spouse		\$1,824.19
Retiree + Child		\$1,193.84
Retiree + Children		\$1,289.35
Retiree + Family (1 Child)		\$2,062.95
Retiree + Family Children		\$2,158.47
Medicare Eligible Retiree		*\$428.58

DENTAL PLAN OPTION

PLAN PARTICIPANT(S)	CHECK ONE	MONTHLY PREMIUM
Retiree Only		\$53.29
Retiree + Spouse		\$101.78
Retiree + Child		\$66.61
Retiree + Children		\$71.94
Retiree + Family (1 Child)		\$115.10
Retiree + Family Children		\$120.43

VISION PLAN OPTION

PLAN PARTICIPANT(S)	CHECK ONE	MONTHLY PREMIUM
Retiree Only		\$13.55
Retiree + Spouse		\$25.88

** The Medicare rate for Health Insurance Option 1 or Health Insurance Option 2 does not cover does not cover pharmacy. Retirees will need to enroll in Medicare Part D or other coverage for pharmacy.*

The Plan Year begins October 1, 2026 and runs through September 30, 2027.

FULL LEGAL NAME:	
EMAIL ADDRESS:	PHONE #:
MAILING ADDRESS:	
CITY, STATE, ZIP CODE:	

YOUR SIGNATURE REQUIRED	DATE
HR DIRECTOR/DESIGNEE VERIFIED	DATE

Support: insurance@helenaschools.org or 406-324-2014



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Additional Participant Information - Plan Year October 1, 2026 through September 30, 2027.

Complete this page if the coverage selected on Page 1 includes a spouse, child, children, or family. List the legal name and requested information for each dependent to be enrolled.

SPOUSE INFORMATION

FULL LEGAL NAME:

DATE OF BIRTH:

CHILD/DEPENDENT INFORMATION

#	CHILD/DEPENDENT FULL LEGAL NAME	DATE OF BIRTH	RELATIONSHIP
1			
2			
3			
4			
5			
6			
7			
8			

COVERAGE SELECTION REFERENCE

Dependent information is needed for Retiree + Spouse, Retiree + Child, Retiree + Children, Retiree + Family (1 Child), and Retiree + Family Children selections on Page 1. For vision, dependent information is needed for Retiree + Spouse.

ADDITIONAL NOTES/SPECIAL INSTRUCTIONS

RETIREE SIGNATURE
REQUIRED

DATE

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